

Facial Diagnosis

Part 4

Butterfly Face Rash:
**LUPUS, LYME,
ROSACEA,
EXCESS SUN**

Red bumps in patches:
CELIAC
can't tolerate gluten

Canker sore:
**CELIAC, ULCERATIVE COLITIS,
CHEMICAL TOXICITY,
B VITAMIN/IRON
ZINC/DEFICIENCY**

Black marks on gums:
**MERCURY FILLINGS
or CANCER SIGN**

Grinding teeth:
PARASITES

Small chin or jaw with
a thicker neck:
SLEEP APNEA

Double chin:
**UNDERACTIVE
THYROID**

Red face, not sweating:
**SKIN PATHWAY
CLOGGED**

Cracked corner of mouth:
**VITAMIN B12
DEFICIENCY**

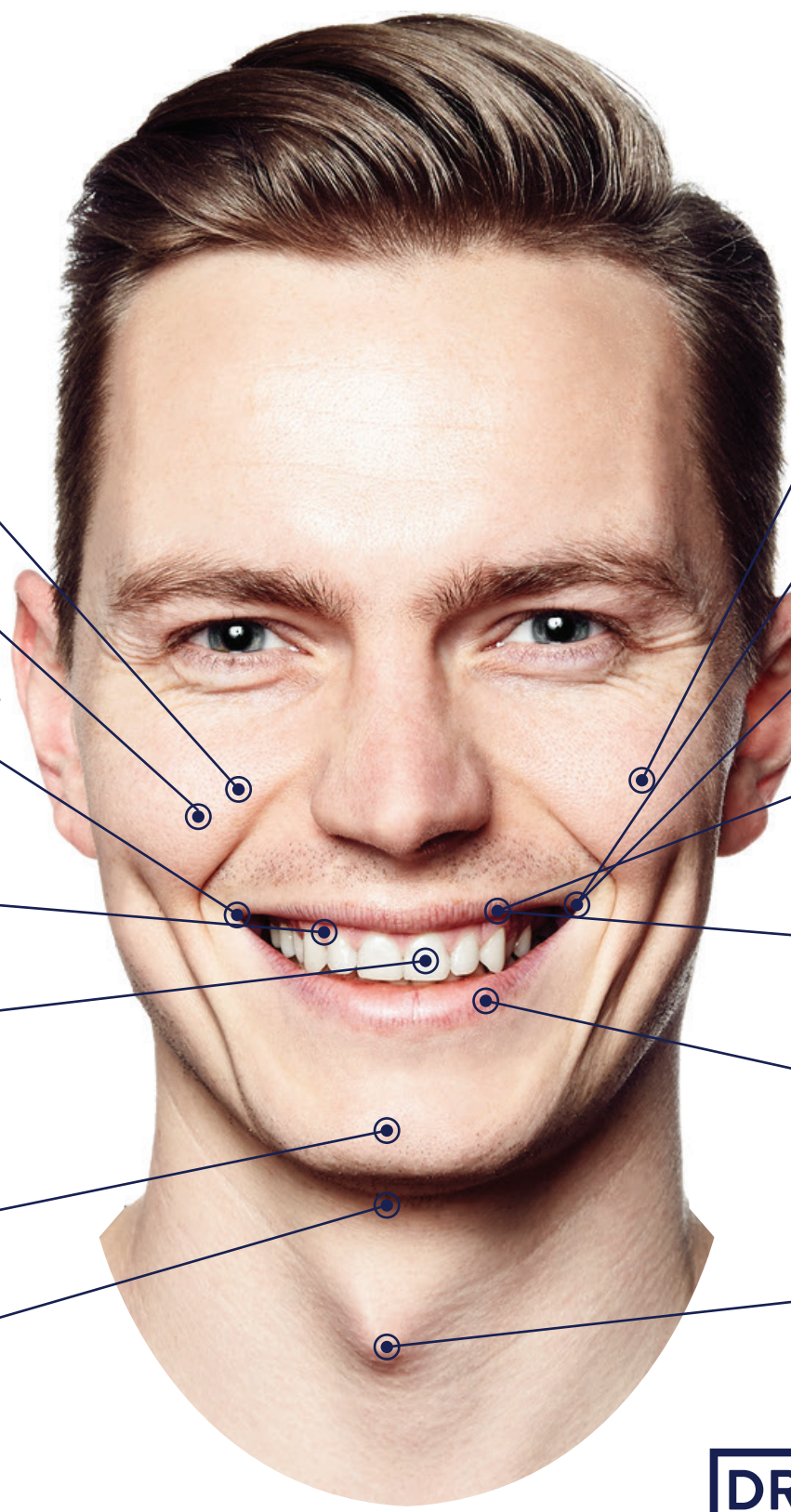
Cold sores or warts:
VIRUS

Dry mouth or low saliva:
**IODINE
DEFICIENCY**

Bad breath or
frequent burping:
**DIGESTIVE
DISTRESS**

Pale lips:
ANEMIA

Goiter or swelling
of thyroid area:
**IODINE
DEFICIENCY**



**DR. JAY
DAVIDSON** SIMPLIFYING
**COMPLEX
CONDITIONS**

Note: This handout is not intended to diagnose a condition, but rather to help you understand cues your face and body may be giving you.